APA Official Actions

Non-Physician Practitioner Training Interference with Psychiatry Resident Training

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Issue:

The non-physician practitioner (NPP) profession has grown exponentially in the past two decades in primary care and medical subspecialties, including psychiatry, to meet demands of the population. This growth will necessitate the formation of new training pathways and programs for NPPs. Training of NPPs must not hinder the quality of or replace training opportunities available for psychiatry residents (physicians-in-training in residencies), as the standard of care continues to be physician-led, team-based care models, including collaborative care.

APA Position:

It is the position of the APA that the inclusion of non-physician trainees in clinical environments of graduate medical education must not diminish the quality of education for resident physicians who must be mentored to become leaders of interdisciplinary teams that includes NPPs, including informing patients about the roles, credentials, and licensure of each team member.

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