

SET for Success

Checklist

The Supplemental Education and Training (**SET**) program is an online experience designed to supplement and complement psychiatric training and education. **SET** provides Resident-Fellow Members (**RFMs**) with online resources, through the Learning Center, to enhance their medical knowledge and practice of psychiatry.

SET takes into consideration the core competencies of psychiatry and focuses on the achievement of milestones in psychiatric training, including psychiatric practice, treatment and care, and special populations.

How to Use SET

Several features that make **SET** and the APA Learning Center an invaluable tool for trainees and training programs include the “My Portfolio” tracking and reporting section, which provides certificates and transcripts documenting the learning progress, and the “Catalog” which offers the ability to search by topic, sub-topic, core competency, milestone, and activity type. Program Directors at 100% Club residency training programs now receive free access to all **SET** activities, including associated **CME** credits.

- **Individual Learning:** Complete courses independently to supplement the patient care setting.
- **Group Learning:** Complete courses as a group or use for presentations, such as Grand Rounds.
- **Multi-Approach Learning:** Complete courses individually and apply and contextualize in daily practice.
- **For Program Directors:** Reinforce teaching in the patient care setting and help reach learning milestones.



Practice Management

- Advocating for Advocacy: Bringing Advocacy into Resident Education
- Applying the Integrated Care Approach: Core
- Applying the Integrated Care Approach: Skills for the PCP
- Clinical Documentation with a Jury in Mind
- Collaborative Care for Primary Care Providers
- DSM 5: What You Need to Know
- Evaluating and Managing Agitated Patients
- How Can Risk Management Help You?
- How Do We Know What Works?
Understanding Evidence-Based Practice and Evidence-Based Medicine in Mental Health Services
- How to Prepare for a Deposition
- Managing Physician Burnout
- Measurement-Based Care in Community Mental Health
- Physical Examination in Psychiatric Practice
- Professionalism and the Internet
- Risk Management Considerations When Using Social Media and Technology in Psychiatry
- Role Conflicts in Management of Sexual Offenders
- Supervisory, Consultative and Collaborative Relationships: Risk Management and Liability Concerns with Split Treatment



Psychiatric Treatment & Care

- Addiction, Overdose, and Suicide: Preventing Deaths From Drug Self-Intoxication
- Addictive Substances and Sleep: How Alcohol, Opioids, and Cannabis Affect Sleep
- Comorbidity of Marijuana and Mental Health
- Expanding Access To Medication Assisted Treatment for Opioid Use Disorders to Patients in the Hospital
- Evidence-Based Treatment of Alcohol Use Disorder
- HIV and Anxiety Disorders
- “Hub & Spoke”: Vermont’s Framework for Medication Assisted Treatment for Opioid Addiction
- Introduction to Complementary, Alternative, and Integrative Medicine in Psychiatry
- Medical Cannabis: What Every Psychiatrist Should Know
- Medication Assisted Treatment in the Emergency Room Setting
- Minimizing Risk When Treating Suicidal and Violent Patients
- Mood Disorders and HIV
- Motivational Interviewing: Brushing up on the Basics
- Motivational Interviewing for Clinical Practice
- Office-Based Buprenorphine Treatment of Opioid Use Disorder
- Pain and Addiction: A Clinical Path To Mindfulness
- Preclinical Development of Ketamine and the Metabolite 26-6r-Hydroxynorketamine for Depression and Other Disorders
- Primary Care for Psychiatrists: Addressing Health Disparities Among People with Serious Mental Illness
- Recovery Support for Young People with Opioid Use Disorders
- The Classification of Personality Disorders – New Developments
- The Role of Behavioral Interventions in Buprenorphine Maintenance Treatment
- The X:BOT Trial: XR-Naltrexone vs. Buprenorphine-Naloxone Film

- Treatment of Prescription Opioid Dependence: Long-term Outcomes
- What Should Psychiatrists Know and Do About Gun Violence Among America’s Adolescents and Emerging Adults



Special Populations

- An Update on Neurocognitive Disorders... Assessment and Management of Dementia
- Culture, Family Caregiving, and Geriatric Psychiatry
- Depression and Anxiety During Pregnancy and Postpartum
- First Episode Psychosis in Adolescents
- Gay Men’s Mental Health
- Highs and Lows: Clinical Pearls and Lessons Learned in the Outpatient Management of Geriatric Bipolar Disorder
- Liability and Ethical Considerations in Emergencies and Disasters
- Major Depression in Children
- Practical Applications of Disaster Mental Health: Lessons Learned from the U.S. Military
- Providing Culturally Competent Care to Indigenous Peoples: American Indian/ Alaska Native/Native Hawaiian
- Racism and Black Mental Health
- Suicide in the Military